

To calculate your PSYCHOLOGY GPA,

- 1) Download the spreadsheet to your hard drive.
- 2) Using the tabs at the bottom, select either the New or Old curriculum sheet.
- 3) Enter the number of credits for each psychology course you have taken thus far in the correct space in the “Number of Credits Per Course” column.
 - a. For required courses the number of credits are included in parentheses; (e.g., PSYC 101 is worth 3 credits whereas PSYC 212 is worth 4 credits).
 - b. You will need to check your transcript or academic requirements for the number of credits for your elective courses if you are unsure.
- 4) Use the “Letter Grade Equivalent” table to convert your letter grade to points.
 - a. Enter the appropriate number of points (e.g., 4.0 for an A; 3.33 for a B+) for each course you have taken thus far in the correct space in the “Grade (Points per Unit)” column.
 - b. Your weighted grade for each course will show up in the “Grade weighted by Credits” column.
- 5) The spreadsheet will use the information you entered to calculate your Psychology GPA which can be found at the bottom of the page.

NOTE: *The only part of the Spreadsheet that can be edited is the shaded squares – you can enter or delete information from those squares but you will not be able to modify any of the other spaces.*